

# NUTRITIONAL FACTS

Québec



Product Name	Product Code	Serving Size (g)	Calories (Cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fibre (g)	Total Sugar (g)	Protein (g)	Vitamin A (RE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
POM Ultra Soft White Long Sandwich Bread	77123	54	140	2	0.3	0	0	310	26	1	2	5	0	0	4	10
POM Ultra Soft 100% Whole Wheat Long Sandwich Bread	77130	54	130	1	0.2	0	0	320	23	2	2	7	0	0	4	6
POM Ultra Soft White Superclub Sandwich Bread	77120	80	190	2	0.5	0	0	280	38	1	3	6	0	0	6	20
POM Ultra Soft Whole Wheat Sandwich Bread	77121	80	190	2.5	0.5	0	0	400	34	3	3	8	0	0	6	15
POM Ultra Soft White Extra Sandwich Bread	77184	68	170	2	0.5	0	0	240	32	1	3	5	0	0	4	15
POM Ultra Soft Whole Wheat Extra Sandwich Bread	77183	68	160	2	0.4	0	0	340	29	3	3	7	0	0	4	10
Villaggio 100% Whole Wheat Italian Bread	77127	72	180	2	0.5	0	0	360	34	3	2	7	0	0	4	15
POM Individually Wrapped White Dinner Rolls	77132	48	130	1.5	0.2	0	0	240	25	1	3	4	0	0	2	10

\* Please refer to individual product pages for Ingredient and Allergen information.



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